

CURRICULUM VITAE

PERSONAL

NAME(姓名，含英譯)

王瑞霞(Wang, Ruey-Hsia)



PROFESSIONAL APPOINTMENT (現職，含英譯)

高雄醫學大學護理學系 教授 (Professor, School of Nursing, Kaohsiung Medical University)

EDUCATION(學歷)

高雄醫學大學護理研究所博士

WORKING EXPERIENCE (經歷)

高雄醫學大學護理學院 院長

高雄醫學大學護理系 系主任

高雄醫學大學護理系博士班 班主任

高雄醫學大學教務處 教學發展組組長

高雄醫學大學研發處 行政規劃組組長

MAJOR RESEARCH AREA(研究領域)

1.糖尿病患(Type1, Type2)健康行為 2. 縱貫性研究 3.量表發展 4.模式建構

糖尿病相關 PUBLICATION(In the nearest 5 years)(發表、出版物)

期刊論文

Chen, S. Y., Hsu, H. C., Huang, C. L., Chen, Y. H., Wang, R. H.* (2023). Impact of Type D Personality, Role Strain, and Diabetes Distress on Depression in Women With Type 2 Diabetes: A Cross-Sectional Study. *Journal of Nursing Research*, 10-1097. 本人為第一作者、通訊作者.

Wang, R.H.* , Kao, C.H., Su, Y.C., Chen, S.Y., Hsu, H.C., Lu, C.H., Jone, K.Y. (2023).

Character Strengths Use in Diabetes Self-management Scale: Development and psychometric testing. *Journal of Advanced Nursing*, 79(10), 4034-4043. IF: 3.8.

SSCI: 11/123, NURSING. 本人為第一作者、通訊作者.

Wang, R. H.*, Chen, S. Y., Lee, C. M., Lu, C. H., Hsu, H. C. (2023). Resilience, self-efficacy

- and diabetes distress on self-management behaviors in patients newly diagnosed with type 2 diabetes: A moderated mediation analysis. *Journal of Advanced Nursing*, 79(1), 215-222. 本人為第一作者、通訊作者.
- Inayati, A, Lee, B. O., Wang, R. H.* , Chen, S. Y., Hsu, H. C., Lu, C. H., Lee, Y. J. (2022). Determinants of fear of falling in older adults with diabetes. *Geriatric Nursing*, 46, 7-12. 本人為通訊作者.
- Chen, C. Y., Lo, F. S., Shu, S. H., Wang, R. H.* (2021). Pathways of emotional autonomy, problem-solving ability, self-efficacy, and self-management on the glycemic control of adolescents with type 1 diabetes: A prospective study. *Research in Nursing & Health*, 44(4), 643-652. 本人為通訊作者.
- Lin, M. H., Ou, H. Y., Wang, R. H., Lin, C. H., Liao, H. Y., Chen, H. M. (2021). Glycaemic control mediates the relationships of employment status and self-stigma with self-care behaviors in young adults with type 2 diabetes. *Journal of Clinical Nursing*, 31(5-6), 582-591.
- Liu, L. H., Kao, C. C., Wang, R. H., Liu, Y. H. (2021). Impacts of multimorbidity, hemoglobin levels, and frailty on functional disability of older adult residents of long-term care facilities: A structural equation analysis. *Geriatrics & Gerontology International*, 21(6), 532-537.
- Hsu, H. C., Chen, S. Y., Lee, Y. J., Chen, W. Y., Wang, R. H.* (2021). Pathways of diabetes distress, decisional balance, self-efficacy, and resilience to quality of life in insulin-treated patients with type 2 diabetes: A 9-month prospective study. *Journal of Clinical Nursing*, 30(7-8), 1070-1078. 本人為通訊作者.
- Wang, R. H.* , Lin, C. C., Chen, S. Y., Hsu, H. C., Huang, C. L. (2021). The impact of self-stigma, role strain, and diabetes distress on quality of life and glycemic control in women with diabetes: A 6-month prospective study. *Biological Research for Nursing*, 23(4), 619-628. 本人為第一作者、通訊作者.
- Wang, R. H.* , Hsu, H. C., Chen, S. Y., Lee, C. M., Lee, Y. J., Ma, S. M., & Chen, W. Y. (2021). Risk factors of falls and the gender differences in older adults with diabetes at outpatient clinics. *Journal of Advanced Nursing*, 77(6), 2718-2727. 本人為第一作者、通訊作者.
- Chen, C. Y., Lo, F. S., Wang, R. H.* (2020). Roles of emotional autonomy, problem-solving ability and parent-adolescent relationships on self-management of adolescents with type 1 diabetes in Taiwan. *Journal of Pediatric Nursing*, 55, e263-e269. 本人為通訊作者.
- Huang, C. L., Chen, S. Y., Hsu, H. C., & Wang, R. H.* (2020). Scale for measuring role strain in women with diabetes: Development and psychometric testing of the Chinese version. *Journal of Cardiovascular Nursing*, 35(5), 483-490. 本人為通訊作者.
- Lee, S. L., Tsai, M. C., Chang, S. C., Chen, J. L., Wang, R. H.* (2020). Modelling individual, parental and peer factors to glycaemic control in adolescents with type 1 diabetes: A

- prospective study. *Journal of Advanced Nursing*, 76(5), 1162-1171. (SCI). 本人為通訊作者。
- Lin, L. Y., Lee, B. O., Wang, R. H.* (2019). Effects of a symptom management program for patients with type 2 diabetes: Implications for evidence-based practice. *Worldviews on Evidence-Based Nursing*, 16(6), 433-443. 本人為通訊作者。
- Wang, R. H.*, Hsu, H. C., Chen, S. Y., Hsieh, C. H., Lee, Y. J. (2019). Modeling patient empowerment and health literacy to glycemic control in insulin-treated patients: A prospective study. *Patient Education and Counseling*, 102(7), 1336-1341. 本人為第一作者、通訊作者。
- Chen, S. Y., Hsu, H. C., Wang, R. H.*, Lee, Y. J., & Hsieh, C. H. (2019). Glycemic control in insulin-treated patients with type 2 diabetes: Empowerment perceptions and diabetes distress as important determinants. *Biological Research for Nursing*, 21(2), 182-189. (SCIE, 35/118, Nursing). 本人為通訊作者。
- Wang, R. H.*, Lin, K. C., Hsu, H. C., Lee, Y. J., & Shin, S. J. (2019). Determinants for quality of life trajectory patterns in patients with type 2 diabetes. *Quality of Life Research*, 28, 481-490. (SSCI, 35/157, Public, environmental, & occupational health). 本人為第一作者、通訊作者。
- Hsu, H. C., Chen, S. Y., Huang, Y. C., Wang, R. H.*, Lee, Y. J., & An, L. W. (2019). Decisional balance for insulin injection: Scale development and psychometric testing. *The Journal of Nursing Research*, 27(5), e42. (SSCI, 74/115, Nursing). 本人為通訊作者。
- 唐善美, 陳百薰, 王瑞霞*, 王慈柔 (2021年)。評價復原力介入對第1型糖尿病青少年的自我照顧行為及血糖控制之成效。 *台灣衛誌*, 40(4), 419-428。本人為通訊作者。
- 張家蓉, 徐慧君, 李洸俊, 王瑞霞* (2020年)。第二型糖尿病病人人格特質、情緒困擾、社會支持與自我照顧行為相關探討。 *護理雜誌*, 67(6), 40-50。本人為通訊作者。
- 徐慧君、李洸俊、王瑞霞* (2019年)。以病人為中心之第二型糖尿病血糖管理決策循環。 *護理雜誌*, 66(6), 5-12。本人為通訊作者。

研討會論文

- 王瑞霞* (2022). A moderated mediation analysis the relationships among resilience, self-efficacy, and diabetes distress on self-management in patients newly diagnoses with diabetes. 7th International Nursing Research Conference of World Academy of Nursing Science (7th WANS), 台北國際會議中心. 本人為第一作者、通訊作者。
- 王瑞霞* (2022). Gender-specific predictors for occurrence of falls in community-dwelling older adults with diabetes: A prospective study. Sigma's 33rd International Nursing Research Congress, 高雄(採線上會議). 本人為第一作者、通訊作者。
- 王瑞霞* (2021). Determinants of diabetes distress in younger women with diabetes. Sigma's 32nd International Nursing Research VIRTUAL Congress, 高雄(採線上會議). 本人為

第一作者、通訊作者.

- Wang, R. H., Hsu, H. C., Chen, S. Y., & Huang, C. L. (2020). The association of role strain, personality, and self-management on diabetes distress in women with diabetes. 23rd East Asian Forum of Nursing Scholars, Thailand.
- Wang, R. H., Hsu, H. C., Chen, S. Y., & Lee, Y. J. (2019). Predictors of quality of life in insulin-treated patients: A 9-month observational study. Sigma Theta Tau International Honor Society of Nursing.
- Wang, R. H., Hsu, H. C., Chen, S. Y., & Lee, Y. J. (2019). A path model of quality of life in insulin-treated patients: A 9-month prospective study. American Diabetes Association's 79th Scientific Sessions.

終結糖尿病標籤化及歧視-由 Lancet 期刊國際專家共識談起

王瑞霞

高雄醫學大學護理系

對糖尿病的污名化與歧視已顯示會對有糖尿病個人產生情緒、精神和生理的負面影響，甚至影響其就醫、就學以及就業的權益，因此國際糖尿病專業組織皆呼籲應重視有糖尿病個人遭受污名化及歧視的問題；但因缺乏廣泛及持續的具體行動，因此尚未能呈現實質的成果。知名的柳葉刀期刊（Lancet）近期發表來自十八個國家、五十一個科學家的「去除糖尿病污名與歧視」國際共識聲明，希望可作為推動去除糖尿病污名與歧視的參考。

本課程以 Lancet 期刊國際專家共識聲明為基礎，說明污名化及歧視的定義及分類、造成的原因、來源、盛行率、結果及法律、政策、規章和資金對糖尿病污名及歧視的影響，並討論有助於解決糖尿病污名及歧視的建議，希望台灣未來也能夠有相對應的行動。